



STUTZ ARTISTS ASSOCIATION

Art that explores the heart opens Feb. 5 at Stutz Art Space Gallery

INDIANAPOLIS (Jan. 14, 2010) – The Stutz Artists Association is teaming up with the American Heart Association to present “Art from the Fourth Chakra,” an exhibition featuring work that explores the human heart, during American Heart Month. According to traditional Indian medicine, chakra is a concept referring to energy centers that permeate from points on the physical body. There are seven major chakras, one of which is the heart.

Artwork in the group show will include pieces that are metaphors for love, the visual heart, the idea of brokenness and the richness of the color red. Participating artists will donate 20 percent of sales to Go Red For Women, a national movement founded by the American Heart Association to help women fight back against their No. 1 killer – heart disease.

Carol L. Myers, an artist and former nurse who worked in a coronary care unit, is organizing the exhibit. She will produce 50 original prints, and all proceeds from those will benefit the Go Red For Women. Painter Susan Mauck suffered a life-threatening heart attack while painting at the Stutz several years ago. Her work also will be part of the show.

The exhibition opens Feb. 5 (National Wear Red Day) at Stutz Art Space at noon with a reception from 5 p.m. to 9 p.m., in conjunction with the Indianapolis Downtown Artists & Dealers Association’s (IDADA) monthly First Friday gallery tour. The reception will feature yoga and stress-relief demonstrations, as well red wine and heart-healthy snacks. The Stutz building will be illuminated with red lights that night, and all attendees are encouraged to wear red.

The show runs through Feb. 26. The gallery is open from 11 a.m. to 2 p.m. weekdays, or by appointment. Stutz Art Space is a nonprofit visual art center on the first floor of the Stutz Business Center.

WHAT: “Art from the Fourth Chakra” art exhibition
WHERE: Stutz Art Space, 212 W. 10th St., Indianapolis
Please enter from 10th street via Bearcat Alley.
WHEN: Friday, Feb. 5, at noon with an opening reception from 5 p.m. to 9 p.m.
Exhibition open Monday through Friday from 11 a.m. to 2 p.m. or by appointment through Feb. 26
COST: Free
INFO: www.stutzartists.com or (317) 503-6420

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